

Town of Braintree
Council on Aging
71 Cleveland Ave.
Braintree, MA 02184

Volunteer Opportunities

- Clerical/Receptionist
- Crafters
- Escorts/Medical
- Escorts/Shopping
- Friendly Visitor/Phone call
- Group Facilitators
- Hostess
- Meals-on-Wheels Driver
- Newsletter Distribution
- Van Driver

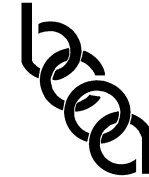
**Please call
Braintree Council on Aging**

VOLUNTEER PROGRAM

781-848-1963

TOWN OF BRAINTREE

COUNCIL ON AGING



VOLUNTEER PROGRAM



**71 Cleveland Avenue
Braintree, MA 02184**

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www.braintreema.gov/coa

COA VOLUNTEER PROGRAM

The **Braintree Council on Aging** is a municipal department that utilizes volunteer services on a regular basis.

Many opportunities are available for people of all ages to participate in their community through volunteering.

The mission & goal of volunteering is to enhance the life of others by contributing your time, expertise and skills.

By doing this you help seniors remain independent and self-reliant in their homes.

Volunteers at the Braintree Council on Aging who help our seniors participate in social, educational and Outreach services are themselves enriched by the experience.

Our large pool of volunteers help the COA provide many innovative programs, services and activities.

Volunteers are extremely important in the operation of our senior center and are recognized as our most valuable resource.

VOLUNTEER OPPORTUNITIES

Clerical/Receptionist – To provide front desk assistance.

Crafters – Creative people to help make crafts for our Craft Shop.

Escorts – To escort seniors to local medical appointment and shopping.

Friendly Visitor – To visit/call home bound seniors.

Group Facilitators – To run all programs & activities.

Hostess – Provide help in the COA kitchen during all activities.

Meals-on-Wheels – Drivers to deliver hot meals to homebound seniors in own vehicle.

Newsletters - To distribute monthly newsletter to designated locations around town.

Van Drivers – To drive seniors to medical and social appointments.

Many other positions available!

VOLUNTEER ATTRIBUTES

- Volunteers are someone with vision, motivation and a strong willingness to enhance the quality of life for seniors living in our community.
- A volunteer needs good common sense, skills and a sense of commitment to the program.
- Enthusiasm is an important quality of Volunteering.
- Positive attitude balanced with a realistic view of the world is an important part of volunteering.
- A volunteer gives service cheerfully, willingly and with pride for the organization they are working in.

**Please call the
Braintree Council on Aging
for information regarding
all volunteer positions.**

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